

Newsletter Part 2

Football

Congratulations to the under 16 football team who won the small schools cup at Marchmount in Dumfries. It was a good game of football with Castle Douglas running out 3-1 winners.



Under 16 Football Team

U13 7's FOOTBALL FESTIVAL

The sun was shining for the Sevens Football festival, held at Palmerston park on 3rd May 2023. The event was held in memory of two PE teachers, Mr James Hannay and Mr Stuart Binnie, both of whom gave countless hours to schools football and the development of young people, over many years of service, prior to their passing.

Castle Douglas High school's 10-man squad gave an excellent account of themselves and were a credit to the school. Their record on the day included 5 wins, 2 draws and a loss. Goal difference was all that stood in their way of achieving a semi-final place. The Mr Hannay award for the highest placed small school went to Dalbeattie High School and the Mr Binnie award for the highest placed large school went to Stranraer Academy.

GIRLS FOOTBALL FESTIVAL

Well done to all 13 girls who took part in the S1-S3 Football Festival in Dumfries on Friday 16th June 2023. The girls were up against various other teams from all over the region. The girls played brilliantly with some close games and fantastic goals scored. The girls ended up winning four of their games and were a credit to themselves both on and off the pitch.



Congratulations to Erin Green who plays for Queen of the South Under 14s girls team. The team won the SWF Youth Regional League Cup at Cumnock on Sunday 25th June, beating Clark Drive Team 2:1 in the final.

Pictured below is Erin with the cup and with her team mates.



D&G Regional Schools Athletics Championships 2023

On Tuesday 13th June, 35 students from S1-S6 participated in the Regional Schools Athletics Championship in Dumfries. Having earned the right to represent the school after their performance during our Sports Day, all the students did us proud.

Highlights from the day included:

S1

Isla McFarlane - 3rd in Hurdles
 Oliwier Kuczynski - 3rd in 100m
 Thomas Lake - 3rd in Hurdles

S2

Alexa Swalwell - 1st in 800m
 Anna Dunlop - 2nd in Hurdles
 Yvie Dunlop - 2nd in Shot Putt
 Girls Relay (Alexa, Yvie, Anna and Fern McMinn) - 3rd place
 David Ortega Perez - 2nd in 100m
 Josh Wilson - 3rd in High Jump
 Sam Harnett - 3rd in Hurdles
 Barney Whitelaw - 1st in Shot Putt

S3

Darby Mitchell 3rd in 100m & 1st in Hurdles
 Rhianna Smith - 3rd in Hurdles
 Heidi Miller - 3rd in Hurdles



Jasmine McCulloch - **1st** in Senior Girls Shot Putt

Gracie Hulland - **3rd** in Long Jump

Girls Relay (Darby, Rhianna, Heidi and Gracie) - **1st** place

These are just a few of the headlines from an excellent display from CDHS students this year.

Volunteering

Congratulations to Charlie McNaught who has volunteered all through session 2022-23 at the Stepping Stones foodbank. Charlie has helped every Wednesday morning to put donations onto the shelves. He is pictured here with Leanne Cunningham.



Highland Dancing

Good luck to Cate Bannerman who is off to Halifax in Nova Scotia to compete in the Canadian Highland Dancing Championships. Cate and her dance school have been raising funds over the last year so that Cate could go to compete.



S3 Outdoor Experience

On June 14th & 15th our new S3 National Physical Education pupils had the opportunity to attend an outdoor experience which included canoeing and mountain biking.

The activities were held in and around Moffat and run by the provider Kayantics.

Feedback from the two days has been overwhelmingly positive, with the pupils enjoying their days out and learning some new skills while doing so!

As always, our pupils were a credit to the school and coped extremely well in the blistering conditions.



Former Pupil Success

GOLD FOR CASTLE DOUGLAS ATHLETE SEAN ALLAN



20 Year old former Castle Douglas High School pupil Sean Allan, who attends Dumfries & Galloway College and Better Lives Partnership, and trains regularly at Castle Douglas Judo Club, has won Gold at the Berlin 2023 Special Olympics World Games!

Sean was the sole British athlete to compete in his sport Judo. He is part of the British Team Special Olympics World Games delegation of more than 80 athletes, who are competing alongside more than 7,000 other athletes with intellectual disabilities from around the world

Sean had 2 fights, and won both in under 10 seconds, to take the gold today!

Sean would like to thank everyone who has supported him!



M12c		
Place	Name	Delegation
1st	Sean, ALLAN	SO Great Britain
2nd	OSKARSSON, Andreas	SO Sweden
3rd	STEINER, Christophe	SO Switzerland

School Grounds

Many thanks to the National Trust Threave Gardens and to Lawrence at Dalbeattie garden centre who donated plans and compost to the support fort learning enterprise group. The enterprise group have been working hard to brighten up our school grounds as part of their personal achievement awards.



Charlie and Dakota picking plants at Threave and at Dalbeattie garden centre



Charlie doing the hard work



Hard work pays off

Royal Highland Show

On Friday 23rd June 12 senior students attended the Royal Highland Show. The students had a great time exploring the show. The highlights were the food hall, the grand parade, the endless shopping and queuing for the obligatory, bright blue, Aldi cowboy hat. Two students even managed to win in the raffle tombola bringing home a massive stuffed donkey and cow toy for their respective siblings. Unfortunately no photos were taken as we were all too distracted by what the show has to offer.

We are looking forward to next year's trip.

S3 MasterChef

At the end of May, Miss Barrick's S3 class competed in a MasterChef competition. Pupils were challenged to work in teams to make a 2 or 3 course meal with recipes of their own choosing. The pupils were extremely creative with some even bringing in a home caught rainbow trout and a wood pigeon that they had shot themselves. Local produce at its finest. The winning starter course was awarded to Joe Mcmenemy with chicken fried rice. The winning main course went to Rosie Templeton with chilli con carne. The winning dessert went to Kirsty Benson with baked churros with chocolate sauce. The best overall menu was scooped up by Lewis Penny, Callum Ross and Fraser Davies. They served Chicken goujons with a tomato sauce, wood pigeon on toast with creamed spinach and a warm chocolate chip cookie to complete the meal.



End of Session Activity Days

A total of 18 pupils attended 'A Day of Cookery' in the home economics department for our annual Activities Day.

Pupils spent the morning learning how to make both pizza and pasta dough from scratch. We selected a wide variety of ingredients from meats, vegetables spices and cheeses to make our pizza toppings and pasta sauces. The pupils really enjoyed eating this for lunch!

In the afternoon, we made chocolate and vanilla cupcakes decorated with buttercream and a selection of sprinkles and fondant.

Pupils were able to show off their piping skills and creativity here.

A great time was had by all, pupils were in good spirits and enjoyed their day.



End of Session Activity Days

A brave group of walkers spent the morning of activities day climbing to the top of Criffel. The hill is 1,870 feet high (570m) but it appears higher because of its isolation. After weeks on end of hot dry weather the walkers had a very wet morning and by the time they returned to school they were thoroughly soaked and cold. However, there was not a single complaint from any of the young people on the climb and in spite of the inclement weather they all enjoyed their morning out.



End of Session Activity Days

Fusion Trip

As part of Activities Day, the PE department took 122 pupils to Fusion Trampoline Park, Carlisle and Gretna Gateway.

Pupils enjoyed an hour at the jump park, where they took part in areas such as Basketball shoot, Duel, free running, reactions and free jump.

We then travelled on to Gretna Gateway, where pupils had some free time to get last minute items for their summer holidays and enjoy a nice lunch from one of the many shops.

A fun day leading in to the holidays for all.



End of Session Activity Days

Escape Room

During or activities days a number of young people found themselves locked up in detention in a room where the only way to escape was to solve puzzles that gave clues about how to get out.

Fortunately, we think that they have all escaped, but if you are missing a young person they may still be locked up in the maths corridor.



Leavers

On Friday 28th April the S6 of session 2022-23 marked their last day at school. They had a delicious afternoon tea, a game of rounders, some games and quizzes and a slide show of the fun and experiences they had while at Castle Douglas High School.

There were some high jinks at the end of the day with some S6 leavers heading home a little wetter than they had arrived.

Well done S6 of session 2022-23. You have all been a great year, a credit to yourselves and your families. You really embraced all of the post Covid opportunities and we wish you the very best for your future adventures.



They even posed to recreate some famous photographs!!



The S6 for session 2022-23 rounded off their year with a sixth year prom in the beautiful setting of GG's yard at Laggan.



Best wishes to all our leavers from all the staff and younger pupils of CDHS.
We are very proud of you.

School Uniform / Clothing Policy



For school uniform to be successful it is important that parents take the lead in ensuring that their child leaves from home appropriately dressed for school. Staff in school will challenge young people who are not following the agreed dress code but staff cannot enforce a school uniform policy without parental support. Please remember that the staff of the school are not present in your homes when your child is sent out to school in the morning.

For all pupils, a white shirt with the appropriate house tie should be worn, along with black trousers or skirt.

Black shoes must be worn. Trainers etc. are acceptable as long as they are predominantly black.

Each house tie has the traditional set of gold stripes on a black background, but with a counter stripe in red for Threave, blue for Kelton and green for Solway.

Staff / Parents / Carers should note the following:

- Denim jackets, shirts and jeans are not allowed.
- Clothing which displays offensive words or diagrams should not be worn.
- Sporting slogans are not permitted.
- Necklines and hemlines on uniforms must be appropriate for a school environment.
- Jumpers can be worn: these should be black V-necks without logos or patterns.
- Outdoor jackets, hats and scarves cannot be worn in class and must be removed; hats cannot be worn indoors at all.
- In warm weather it is acceptable for tailored black shorts to be worn.

PE Kit

A change of clothing must be provided for PE consisting of:

- Round-necked tee shirt or round-necked sports top
- Shorts, tracksuit trousers
- Sports socks
- Change of trainers (not black-soled)
- Towel



Pupils must also bring suitable clothing to go outside in cold weather.

All Dumfries and Galloway schools must have a dress code which encourages pupils to dress in a way appropriate to attendance at school. This code must not lead to direct or indirect discrimination on the grounds of race, religion, gender, disability or poverty. Prior to drawing up the dress code, parents, pupils and staff should be fully consulted, and it is the expectation of Education Services that parents will be supportive of the dress code. Clothing which is unacceptable in school under any circumstances would include items which:

- Could potentially encourage factions (e.g. football colours).
- Could cause offence (e.g. anti-religious or political slogans).
- Could cause health and safety difficulties (loose-fitting clothing, dangling earrings)
- Are of flammable materials which may be a danger in certain classes.
- Could cause damage to floors.
- Carry advertising, (such as alcohol or tobacco)
- Could be used to inflict damage on other pupils.

Parents in receipt of a grant for footwear and clothing from the authority will be encouraged to purchase items which are in accordance with the school dress code.

Contact the Pupil Support Team:

For pastoral issues, careers advice or to raise a general concern regarding an issue with your child's learning, please telephone 01556 502821 or use the e-mail address listed below for your child's Pupil Support Teacher.

Mrs Alison Irving (Additional Support Needs)	Gw08irvingalison@ea.dumgal.sch.uk
Mrs Susan Cathro (Kelton)	Gw08cathrosusan@ea.dumgal.sch.uk
Mrs Sara Clive (Threave K-Z)	Gw08clivesara@ea.dumgal.sch.uk
Mr Mark Ingram (Threave A-J)	Gw21ingrammark@ea.dumgal.sch.uk
Miss Clare McQuade (Solway)	Gw13mcquadeclare@ea.dumgal.sch.uk

Enjoy the summer holidays and let's hope the sun remembers to shine in July.

